ANTI-RACISM

RESOURCE GUIDE

BY: TASHA K
“In a racist society it is not enough to be non-racist, we must be anti-racist.”
___ Angela Davis

“One either allows racial inequities to persevere, as a racist, or confronts racial inequities, as an antiracist. There is no in-between safe space of “not racist.” The claim of “not racist” neutrality is a mask for racism.”
___ Ibram X. Kendi, How to Be an Antiracist

The beauty of anti-racism is that you don’t have to pretend to be free of racism to be anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And it’s the only way forward.
___ Ijeoma Oluo

more Black bodies fall
into the bag of my heart
continuous rage

___ Tasha K

Anti-racism Resource Guide
This anti-racist resource guide was crafted amidst the anger of the latest black body turned hashtag #AhmaudArbery. It is consistently being updated to address the current climate of our country and the personal growth needed to sustain this life-long journey. Please note that this document was and will continue to be a group effort. Suggested additions or other feedback can be emailed to me at the address below. I have tried extremely hard to thoroughly comb through these resources before they were listed, but always seeking new material. It took a lot of time and energy, emotional and mental labor to get this document to its current update. Some have asked about financially supporting the continued work of this anti-racism resource guide, that info is also below.

This is just a resource, not a map leading to a destination, but help along the way, a strong start. The tendency to try and get through this list in its entirety and feel accomplished or to get overwhelmed by the ever growing list are real reactions we should leave behind. Again, this IS LIFE-LONG WORK that we choose to enter into. a journey for an anti-racist traveler that will take a lifetime.

**Starting Your Journey** begins on page three and is based on *Ibram X. Kendi’s anti-racism syllabus*. There are four steps to guide you into the other resources that begin on page four. If you don’t feel quite ready to begin your journey, you can start below with some suggested pre-reading. Throughout the guide you will notice, White authors are noted, books are alphabetized by author, and podcasts, movie trailers, and organization websites are all linked. It is strongly encouraged that if you choose to purchase a book, you find it on a site that benefits the writer the most.

It is important to start somewhere, even though there is no end point. This is a tool. This does not even brush the surface of anti-racism resources, but it is a start. Learning, re-learning, and decolonizing history are all necessary pieces of this journey, but should coincide with other things like listening, taking action, financially supporting, decentering whiteness, etc.

For those who identify as Black, Indigenous, and Persons of Color (BIPOC) engagement with these resources may be triggering. These materials are intended to help you further understand oppressive systems, and provide more tools and resources to fight these systems while recognizing how your own bias contributes to your prejudices.

For those of you who are White, engaging with these resources could bring a negative or defensive reaction. I encourage you to challenge your own culture, privilege, and bias while continuing the fight against oppressive systems that you benefit from.

I truly believe that this ongoing work is a journey of empathy and care for humanity, individually and collectively. We must engage if we want to do intentional anti-racism work in our families, our classrooms, our conversations, our meetings, our community, our country, and our world.

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**SUGGESTED PRE-READING**

**Blindspot**
Mahzarin R. Banaji

**Racism Without Racists: Color-blind Racism And The Persistence Of Racial Inequality In America**
Eduardo Bonilla-Silva

**Biased**
Jennifer L. Ebernhardt, PhD

**Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong**
James W. Loewen (white author)

**So You Want To Talk About Race**
Ijeoma Oluo
Ijeoma Oluo

STARTING YOUR JOURNEY

1. Define Race

   Fatal Invention: How Science, Politics, Big Business, Re-create Race In The 21st Century
   Dorothy Roberts

2. Define Racism & Anti-racism

   Stamped From the Beginning: The Definitive History of Racist Ideas In America
   Ibram X. Kendi

   How To Be Antiracist
   Ibram X. Kendi

   or

   Stamped: Racism, Antiracism, and You
   Ibram X. Kendi & Jason Reynolds

3. Settle Your Feelings

   BIPOC Learners should read:
   Locking Up Our Own: Crime and Punishment In Black America
   James Forman Jr.

   or

   White Learners should read:
   White Fragility: Why It’s So Hard For White People To Talk About Race
   Robin Di’Angelo (white author)

4. Continue Your Journey

   Anti-racism is life-long work for all of us, there is no finish line. May we continue to move forward, instead of backwards. Start somewhere, start anywhere.

   Page four begins the evolving list of resources organized by topic, and medium. Feel free to use the outline on the left to navigate the resources.
CONTINUING THE JOURNEY

How Does It Feel To Be A Problem? Being Young And Arab In America
Moustafa Bayoumi

The Next American Revolution: Sustainable Activism For The Twenty-First Century
Grace Lee Boggs

Tears We Cannot Stop: A Sermon To White America
Michael Eric Dyson

Ghosts In The Schoolyard: Racism And School Closings On Chicago’s South Side
Eve L. Ewing

How To Be Less Stupid About Race: On Racism, White Supremacy And The Racial Divide
Crystal M. Flemming

A Short History Of Reconstruction 1863-1877
Eric Foner (white author)

Tell Me Who You Are
Winona Guo & Priya Vulchi

This Book is Anti-Racist: 20 Lessons on How To Wake Up, Take Action, And Do The Work
Tiffany Jewell & Aurelia Durand

Why We Can’t Wait
Martin Luther King, Jr.

America for Americans: A History Of Xenophobia In The United States
Erica Lee

They Can’t Kill Us All: Ferguson, Baltimore, and a New Era In America’s Racial Justice Movement
Wesley Lowery

How Capitalism Underdeveloped Black America: Problems In Race, Political Economy And Society
Manning Marable

Citizen: An American Lyric
Claudia Rankine

American Lynching
Ashraf H. A. Rushdy

The Politics Of The Veil
Joan Wallach Scott (white author)

The Origins Of The Urban Crisis: Race and Inequality In Postwar Detroit
Thomas Sugue (white author)
A Different Mirror A History Of Multicultural America
Ronald Takaki

A People’s History Of The United States
Howard Zinn (white author)
MEMOIRS

I Know Why The Caged Bird Sing
Maya Angelou

I'm Still Here: Black Dignity In A World Made For Whiteness
Austin Channing Brown

The Best We Could: An Illustrated Memoir
Thi Bui

Between The World And Me
Ta-nehisi Coates

Eloquent Rage: A Black Feminist Discovers Her Superpower
Brittney Cooper

Lakota Women
Mary Crow Dog & Richard Erdoes

Minor Feelings: An Asian American Reckoning
Cathy Park Hong

Good Talk: A Memoir In Conversation (Graphic Novel)
Mira Jacob

When They Call You A Terrorist: A Black Lives Matter Memoir
Patrisse Khan-Cullors & Asha Bandele

Paper Sons
Dickson Lam

Heavy: An American Memoir
Kiese Laymon

Redefining Realness: My Path To Womanhood, Identity, Love & So Much More
Janet Mock

Citizen 13660 (Graphic Novel)
Miné Okubo

I Love Yous Are For White People: A Memoir
Lac Su

The Auto-Biography Of Malcolm X
Malcolm X
ESSAYS

They Can’t Kill Us Until They Kill Us
Hanif Abdurraqib

Alligator and Other Stories
Dima Alzayat

The Fire Next Time
James Baldwin

Black Is The Body: Stories From My Grandmother’s Time, My Mother’s Time, And Mine
Emily Bernard

We Were Eight Years In Power: An American Tragedy
Ta-Nehisi Coates

We Gon’ Be Alright: Notes on Race & Resegregation
Jeff Chang

Angela Y. Davis

If They Come In The Morning...Voices Of The Resistance
Edited by Angela Davis

The Souls of Black Folk
W.E.B. Du Bois

Bad Feminist
Roxanne Gay

Sister Outsider: Essays & Speeches
Audre Lorde

This Bridge Called My Back: Writings By Radical Women Of Color
Edited by Cherrie Moraga & Gloria Anzaldúa

Some Of Us Are Very Hungry Now
Andre Perry

The Fire This Time: A New Generation Speaks About Race
Jesymn Ward
FICTION

Poet X
Elizabeth Acevedo

A Negro And And An Ofay: The Tales of Elliot Caprice
Danny Gardner

Homegoing
Yaa Gyasi

Their Eyes Were Watching God
Zora Neale Hurston

Welcome To Braggsville: A Novel
T. Geronimo Johnson

The Other Americans
Laila Lalami

The Year Of The Dog
Grace Lin

The Bluest Eye
Toni Morrison

Americanah
Chimamande Ngozi Adichie

All American Boys
Jason Reynolds

We Cast A Shadow
Maurice Carlos Ruffin

The Hate U Give
Angie Thomas

The Paragon Hotel
Lyndsay Faye (white author)

On Earth We're Briefly Gorgeous
Ocean Vuong
CHILDREN'S LITERATURE

**The Undefeated**
Kwame Alexander, illustrated by Kadir Nelson

**Something Happened In Our Town**
Marianne Celano, Marietta Collins, and Ann Hazzard, illustrated by Jennifer Zivoin

**I Am Not A Number**
Jenny Kay Dupuis & Kathy Kacer, illustrated by Gillian Newland

**Anti-Racist Baby**
Ibram X. Kendi, illustrated by Ashley Lukashevsky

**Dim Sum For Everyone!**
Grace Lin

**Separate Is Never Equal: Sylvia Mendez And Her Family's Fight For Desegregation**
Duncan Tonatuih

**Young Water Protectors: A Story About Standing Rock**
Aslan & Kelly Tudor

**The Day You Begin**
Jaqueline Woodson, illustrated by Rafael Lopez

**Moses: When Harriet Tubman Led Her People To Freedom**
Carole Boston Weatherford, illustrated by Kadir Nelson

**Hot Hot Roti for Dada-ji**
F. Zia, Illustrated by Ken Min

**The Boy And The Wall**
Palestinian Children in the Aida Refugee Camp

**New Kid**
Jerry Craft
PARENTING

The First R: How Children Learn Racism
Debra Van Ausdale & Joe R. Feagin (white author)

Motherhood So White: A Memoir of Race, Gender, and Parenting In America
Nefertiti Austin

Teaching Your Kid About Black History Month (Article)
Nefertiti Austin

Parenting Forward
Cindy Wang Brandt

Parenting Forward (Podcast)

Revolutionary Mothering: Love On The Front Lines
Edited by Alexis Pauline Gumbs, China Martens, and Mai’a Williams

Raising White Kids:Bringing Up Children In A Racially Unjust America
Jennifer Harvey

We Live for the We: The Political Power of Black Motherhood
Dani McClain
ASIAN & PACIFIC ISLANDER STUDIES

The Myth Of The Model Minority: Asian Americans Facing Racism
Rosalind S. Chou & Joe R. Feagin (white author)

Two Faces Of Exclusion: The Untold Story Of Anti-Asian Racism In The United States
Lon Kurashige

We Too Sing America: South Asian, Arab, Muslim, and Sikh Immigrants Shape Our Multiracial Future
Deepa Iyer

The Making Of Asian America
Erika Lee

On Gold Mountain
Lisa See

Strangers From A Different Shore: A History of Asian Americans
Ronald Takaki

They Called Us Enemy (Graphic Novel)
George Takei

Yellow Peril!: An Archive of Anti-Asian Fear
Edited by John Kuo Wei Tchen and Dylan Yeats (white author)

Yellow: Race In America Beyond Black And White
Frank H. Wu

Alien Nation: Chinese Migration In The Americas From The Coolie Era Through World War II
Elliott Young

The Good Immigrants: How The Yellow Peril Became The Model Minorities
Madeline H. Ysu

Asian American Dreams: The Emergence Of An American People
Helen Zia

Asian Americans (Mini-Series)
PBS

Long Distance (Podcast)

Self Evident(Podcast)
CHICANX/LATINX STUDIES

Borderlands/La Frontera
Gloria Anzaldúa

Open Veins of Latin America: Five Centuries of Pillage of A Continent
Eduardo Galeano

Inventing Latinos: A New Story of American Racism
Laura E. Gomez [Available August 2020]

De Colores Means All Of Us
Elizabeth Martinez

Latinos Who Lunch (Podcast)
INDIGENOUS STUDIES

**Native: Identity, Belonging, And Rediscovering God**  
Kaitlin Curtice

**An Indigenous People’s History Of The United States**  
Roxanne Dunbar-Ortiz (white author)

**Why Indigenous Literatures Matter**  
Daniel Heath Justice

**Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, And The Teaching Of Plants**  
Robin Wall Kimmerer

**Highway of Tears: A True Story of Racism, Indifference, And The Pursuit Of Justice For Missing And Murdered Indigenous Women and Girls**  
Jessica McDiarmid (white author)

**The Other Slavery**  
Andrés Reséndez

**Seven Fallen Feathers**  
Tanya Talaga

**All Our Relations: Indigenous Trauma In The Shadow Of Colonialism**  
Tanya Talaga

**All Our Relations: Finding The Path Forward**  
Tanya Talaga

**Everything You Wanted To Know About Indians But Were Afraid To Ask**  
Anton Treuer

**Rez Life: An Indian’s Journey Through Reservation Life**  
David Treuer
BLACK STUDIES

The Education Of Blacks In The South, 1860-1935
James D. Anderson

The Half Has Never Been Told: Slavery And The Making Of American Capitalism
Edward E. Baptist (white author)

The Color Of Money: Black Banks And The Racial Wealth Gap
Mehrsa Baradaran

A Black Women's History Of The United States
Daina Ramey Berry & Kali Nicole Gross

The Price For Their Pound Of Flesh: The Value Of The Enslaved, From Womb to Grave, In The Building Of A Nation
Daina Ramey Berry

Black Feminist Thought: Knowledge, Consciousness And Political Thought
Patricia Hill Collins

Selma (movie)
Directed by Ava Duverney

Ain't I a Woman: Black Women and Feminism
bell hooks

March Trilogy (Graphic Novels)
John Lewis, Andrew Aydin, Nate Powell

North Of Slavery: The Negro In The Free States, 1780-1869
Leon F. Litwack (white author)

Black Stats: African Americans By The Numbers In The Twenty-First Century
Monique M. Morris

Pushout: The Criminalization of Black Girls in Schools
Monique M. Morris

40 Million Dollar Slaves: The Rise, Fall, And Redemption of The Black Athlete
William C. Rhoden

From #BlackLivesMatter To Black Liberation
Keeanga-Yamahtta Taylor

A More Beautiful And Terrible History: The Uses And Misuses Of Civil Rights History
Jeanne Theoharis

The Underground Railroad (Historical Fiction)
Colson Whitehead

The Warmth of Other Son: The Epic Story Of America’s Great Migration
Isabel Wilkerson
HEALTH AND MEDICINE

**Just Medicine: A Cure For Racial Inequality In The American Health Care System**
Dayna Bowen Matthew

**The Immortal Life Of Henrietta Lacks**
Rebecca Skloot (White Author)

**Medical Apartheid: The Dark History Of Medical Experimentation On Black Americans From Colonial Times To The Present**
Harriet A. Washington

**Flatlining: Race, Work, And Healthcare In The New Economy**
Adia Harvey Wingfield

LAND AND HOUSING

**Evicted: Poverty And Profit In The American City**
Matthew Desmond (white author)

**The Color of Law: A Forgotten History on How Our Government Segregated America**
Richard Rothstein (white author)
TEACHING

For All You White Folks Who Teach In The Hood...And The Rest Of Ya’ll Too
Christopher Emdin

Not Light, But Fire: How To Lead Meaningful Race Conversations In The Classroom
Matthew R. Kay

Culturally Responsive School Leadership
Muhammad Khalifa

We Want To Do More Than Just Survive: Abolitionist Teaching And The Pursuit Of Educational Freedom
Bettina L. Love

Start Where You Are But Don’t Stay There: Understanding Diversity, Opportunity Gaps, And Teaching In Today’s Classroom
H Richard Milner IV

Cultivating Genius: An Equity Model for Culturally and Historically Responsive Literacy
Gholdy Muhammad

White Teachers Need Anti-racist Therapy (article)
Bettina L. Love

Everyday AntiRacism: Getting Real About Race In Schools
Mica Pollock (white author)

“Why Are All The Black Kids Sitting Together In The Cafeteria” And Other Conversations On Race
Beverley Daniel Tatum, PhD

Conversation Starters with #schooltalking

A Framework For Teaching American Slavery

Teaching Tolerance Classroom Resources
Zinn Project Teaching Materials
IMMIGRATION

Create Dangerously: The Immigrant Artist At Work
Edwidge Danticat

My Family Divided
Diane Guerrero

Call Me American
Abdi Nor Iftir

Tell Me How It Ends: An Essay In Forty Questions
Valeria Luiselli

Enrique's Journey
Sonia Nazario

The Devil's Highway: A True Story
Luis Alberto Urrea

The Undocumented Americans
Karla Cornejo Villavicencio

VOTING

One Person, No Vote: How Voter Suppression Is Destroying Our Democracy
Carol Anderson

Give Us The Vote: The Modern Struggle For Voting Rights In America
Ari Berman
MASS INCARCERATION

The New Jim Crow
Michelle Alexander

Slavery By Another Name: The Re-enslavement Of Black Americans From The Civil
War To World War II
Douglass A. Blackmon (white author)

Choke Hold: Policing Black Men
Paul Butler

Are Prisons Obsolete?
Angela Y. Davis

In America
Elizabeth Hinton

An American Marriage (Fiction)
Tayari Jones

Just Mercy: A Story Of Justice And Redemption
Bryan Stevenson

Just Mercy (Movie)
Directed by Destin Daniel Cretton

The Nickel Boys (Historical Fiction)
Colson Whitehead

Solitary: Unbroken By Four Decades In Solitary Confinement
My Story of Transformation And Hope
Albert Woodfox

13th (Movie)
An American Documentary Directed by Ava Duvernay

When They See Us (Mini-Series)
Netflix Original Co-Written and Directed by Ava Duvernay

Ear Hustle (Podcast)
WHITE STUDIES

The Invention of The White Race: Volume 1: Racial Oppression and Social Control  Theodore W. Allen (white author)


White Rage  Carol Anderson

What Does It Mean To Be White: Developing White Racial Literacy  Robin DiAngelo (white author)

We Talk Different Episode #63-The 'What Does It Mean To Be White' Edition with Robin Di'Angelo (Podcast)

Black Like Me  John Howard Griffin

White Kids: Growing Up With Privilege In A Racially Divided America  Margaret A. Hagerman

Waking Up White  Deby Irving

The History of White People  Nell Irvin Painter

Me And White Supremacy: Combat Racism, Change The World, and Become A Good Ancestor  Layla F. Saad

White Like Me: Reflections On Race From A Privileged Son  Tim Wise (white author)
HEALING AND RESTORATION

The Little Book on Race and Restorative Justice
Fania E. Davis

The Innerwork of Racial Justice: Healing Ourselves and Transforming Our Communities Through Mindfulness
Rhonda V. Magee

My Grandmother’s Hands: Racialized Trauma And The Pathway To Mending Our Broken Hearts And Bodies
Resmaa Menakem

Annealiese A Singh, PhD, LPC
FOR THE CHURCH

The Cross and the Lynching Tree
James H. Cone

Unsettling Truths: The Ongoing, Dehumanizing Legacy Of The Doctrine Of Discovery
Mark Charles & Soong-Chan Rah

Divided By Faith: Evangelical Religion And The Problem Of Race In America
Michael O. Emerson & Christian Smith (white author)

Rethinking Incarceration: Advocating For Justice That Restores
Dominique Du Bois Gilliard

The Very Good Gospel
Lisa Sharon Harper

White Awake: An Honest Look At What It Means To Be White
Daniel Hill (white author)

Trouble I’ve Seen: Changing The Way The Church View Racism
Drew Hart

An Introduction to Womanist Biblical Interpretation
Nyasha Junior

Recovering From Racism: City Ministry In “Post-Racial” America
Larry Lloyd (white author)

Woke Church: An Urgent Call For Christians In America To Confront Racism And Injustice
Eric Mason

Road Map To Reconciliation: Moving Communities Into Unity, Wholeness and Justice
Brenda Salter McNeil

Introducing Womanist Theology
Stephanie V. Mitchem

The Long Repentance (Bible Study)
Mako Nagasawa

Let Justice Roll Down
John Perkins

Prophetic Lament: A Call For Justice In Troubled Times
Soong-Chan Rah

Beyond Colorblind: Redeeming Our Ethnic Journey
Sarah Shin
Urbana 1970: Racism & World Evangelism (Sermon)
Speech by Tom Skinner

Jesus And The Disinherited
Howard Thurman

The Color of Compromise
Jemar Tisby

Footnotes with Jemar Tisby (Podcast)

Reconstructing The Gospel: Finding Freedom From The Slaveholder Religion
Jonathan Wilson-Hartgrove (white author)

Centering: The Asian American Christian Podcast (Podcast)

Truth's Table (Podcast)
ARTICLES

On Being Comfortable with Discomfort: Tiffany Jewell Explains What It Means To Be Anti-racist
Vanessa Willoughby

The Case for Reparations
Ta-nehisi Coates

Why I Am No Longer Talking To White People About Race
Reni Eddo-Lodge

EJI Lynching In America Interactive Resource
Equal Justice Initiative

Are All White Americans Police Officers?
Andre Henry

White Privilege: Unpacking The Invisible Knapsack
Peggy McIntosh

America, The House That Slavery Built
Tasha Williams

Blacks And Jews Entangled
Edward S. Shapiro (white author)
MOVIES & CLIPS (Linked)

#1619 Project Interview with Hannah Jones

Campaign Zero Interview on MSNBC On Justice for Ahmaud Arbery

I Am Not Your Negro
Written by James Baldwin and Directed by Raoul Peck

Fruitvale Station
Directed by Ryan Coogler

Race: The Power Of Illusion
PBS

American Son
Directed by Kenny Leon

How Studying Privilege Systems Can Strengthen Compassion
Peggy McIntosh

Mudbound
Directed by Dee Rees

Black Feminism & The Movement For Black Lives
Barbara Smith, Reina Gossett, Charlene Carruthers

The Hate U Give
Directed by George Tillman Jr.
OTHER RESOURCE LISTS (Linked)

13 Lists Of Ways To Learn And Show Up As Anti-Racists In This World

30+ Resources To Help White Americans Learn About Race and Racism

75 Things White People Can Do For Racial Justice

A Running List Of Anti-Racism Resources

Anti-Oppression Resource Guide

Anti-Racism Resource Guide for White People

Anti-Racism For White People: From Resource To Action

Anti-Racist Reading List

Educate Yourself: An Essential Anti-Racism Reading Guide

Jenna Arnold's Resources

Joe Truss's 40+ Books For Anti-Racist Teacher Book Club

Rachel Ricketts' Anti-Racism Resources

Resources For White People To Learn And Talk About Racism

Teaching While White Foundational Texts
PODCASTS (Linked)

1619
About Race
All My Relations
Antiracist Pod Squad
Code Switch
Combing The Roots
Healing Justice
Intersectionality Matters
Identity Politics
Momentum: A Race Forward Podcast
Pod For The Cause
Pod Save The People
Puestas Pa'l Problema
See Something Say Something
Seeing White
Speaking of Racism
Still Processing
The Nod
We Talk Different
What Would Our Ancestors Think
White Lies
FOLX TO FOLLOW

Rachel Cargle
Jelani Cobb
Mari Copeny
Sybrina Fulton
Elwing Suong Gonzalez
Britt Hawthorne
Ally Henny
Andre Henry
Myisha T. Hill
Bernice King
Rainer Maningding
Deray Mckesson
S. Lee Merritt, Esq.
Latasha Morrison
Brittany Packnett Cunningham
Sam Sinyangwe
Clint Smith
Tori Williams Douglass
Christina Xu
Jenny Yang

[Any Author Listed Above]

ORGANIZATIONS/PATREONS(Linked)
Asian American Justice Center
Asian Americans For Equality
Be the Bridge
Black Lives Matter
Campaign Zero
Color of Change
COPAL MN
Dignity In Schools
Equal Justice Initiative
NAACP
No White Saviors
Rethinking Schools
Showing Up For Racial Justice
Southern Poverty Law Center
the conscious kid
The Decolonial Atlas
The King Center
Zinn Education Project
Teaching Tolerance
The Great Unlearn